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# Neuroendocrine tumours: the role of imaging for diagnosis and therapy

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## Abstract

In patients with neuroendocrine tumours (NETs), a combination of morphological imaging and nuclear medicine techniques is mandatory for primary tumour visualization, staging and evaluation of somatostatin receptor status. CT and MRI are well-suited for discerning small lesions that might escape detection by single photon emission tomography (SPECT) or PET, as well as for assessing the local invasiveness of the tumour or the response to therapy. Somatostatin receptor imaging, by  $^{111}\text{In}$ -pentetreotide scintigraphy or PET with  $^{68}\text{Ga}$ -labelled somatostatin analogues, frequently identifies additional lesions that are not visible on CT or MRI scans. Currently, somatostatin receptor scintigraphy with  $^{111}\text{In}$ -pentetreotide is the more frequently available of the two techniques to determine somatostatin receptor expression and is needed to select patients for peptide receptor radionuclide therapy. In the future, because of its higher sensitivity, PET with  $^{68}\text{Ga}$ -labelled somatostatin analogues is expected to replace somatostatin receptor scintigraphy. Whereas  $^{18}\text{F}$ -FDG-PET is only used in high-grade neuroendocrine cancers, PET–CT with  $^{18}\text{F}$ -dihydroxy-L-phenylalanine or  $^{11}\text{C}$ -5-hydroxy-L-tryptophan is a useful problem-solving tool and could be considered for the evaluation of therapy response in the future. This article reviews the role of imaging for the diagnosis and management of intestinal and pancreatic NETs. Response evaluation and controversies in NET imaging will also be discussed.

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### Contributions

The authors contributed equally to all aspects of the article.

### Competing interests statement



E.P. Krenning and D.J. Kwekkeboom are stockholders in Advanced Accelerator Applications (AAA). The other authors declare no competing interests.

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Martijn van Essen, MD, PhD, was a resident and performed clinical research in the department of Nuclear Medicine at the Erasmus MC, Rotterdam from 2005 until 2013. He recently finished his residency and will work as a nuclear medicine physician at Sahlgrenska Universitetssjukhuset, Gothenburg, from October 2013. He focuses on general nuclear medicine and several aspects of neuroendocrine tumor patients, including Lu-177-octreotate therapies.

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Eric Krenning, MD, PhD, had positions as Head of Department of Nuclear Medicine at the Erasmus MC, Rotterdam, Professor of Nuclear Medicine, and was made a Fellow of the Royal College of Physicians, London, UK, in 1999. His main interests include thyroidology and radioactive labeled peptides with their introduction into peptide receptor imaging and therapy. Dr Krenning has been the (co)author of more than 400 peer-reviewed articles, more than 150 chapters and proceedings in the field of thyroidology and peptide receptor scintigraphy and radionuclide therapy. In these fields he received awards and invitations to give honorable lectures.

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